**College Relationships Measures**

Fall 2015

**Pre- INTERACTION**

**Multiple Affective Adjective Checklist**

Instructions: Circle the number following each adjective that best reflects how you are feeling. Circling a '1' indicates that you are not feeling at all like the adjective implies. Circling a '5' indicates that you feel the adjective describes your emotional state very closely.

1. ***CALM*** Calm not at all 1-----------2-----------3-----------4-----------5 very much

2. ***DISCOUR*** Discouraged not at all 1-----------2-----------3-----------4-----------5 very much

3. ***SECURE*** Secure not at all 1-----------2-----------3-----------4-----------5 very much

4. ***IRRITAT*** Irritated not at all 1-----------2-----------3-----------4-----------5 very much

5. ***NERVOUS*** Nervous not at all 1-----------2-----------3-----------4-----------5 very much

6. ***FINE*** Fine not at all 1-----------2-----------3-----------4-----------5 very much

7. ***BLUE*** Blue not at all 1-----------2-----------3-----------4-----------5 very much

8. ***EASY-GO*** Easy-going not at all 1-----------2-----------3-----------4-----------5 very much

9. ***CONFIDE*** Confident not at all 1-----------2-----------3-----------4-----------5 very much

10. ***APPREHE*** Apprehensivenot at all 1-----------2-----------3-----------4-----------5 very much

11.***AGREEAB*** Agreeable not at all 1-----------2-----------3-----------4-----------5 very much

12. ***WORRY-F*** Worry-free not at all 1-----------2-----------3-----------4-----------5 very much

13. ***ANGRY*** Angry not at all 1-----------2-----------3-----------4-----------5 very much

14. ***ACTIVE*** Active not at all 1-----------2-----------3-----------4-----------5 very much

15. ***DEPRESS*** Depressed not at all 1-----------2-----------3-----------4-----------5 very much

16. ***HAPPY*** Happy not at all 1-----------2-----------3-----------4-----------5 very much

17. ***SATISFI***Satisfied not at all 1-----------2-----------3-----------4-----------5 very much

18. ***GUILTY*** Guilty not at all 1-----------2-----------3-----------4-----------5 very much

19. ***HOLSTILE*** Hostile not at all 1-----------2-----------3-----------4-----------5 very much

20. ***FRUSTRA*** Frustrated not at all 1-----------2-----------3-----------4-----------5 very much

21. ***ALERT*** Alert

22. ***DETERMINED*** Determined

23. ***ENTHUSIASTIC*** Enthusiastic

24. ***EXCITED*** Excited

25. ***PROUD*** Proud

26. ***STRONG*** Strong

**Sentence Completion Task**

In this task you will see a series of behaviors. These are really the beginnings of various sentences. We would like you to add words to form longer sentences. You can add words to form any type of sentence you would like, as long as it is grammatically correct.

1. ***SENT1*** Linda swatted at the flies
2. ***SENT5*** Helen crammed for the test
3. ***SENT9*** Shirley asked for help getting home
4. ***SENT10*** Sam read the newspaper
5. ***SENT11*** Jenny went home to cook dinner
6. ***SENT12*** Lisa went to the auto show
7. ***SENT15*** Karen paid for their dinner
8. ***SENT16*** Katherine baby-sat the neighbor’s kids
9. ***SENT17*** Tom bottle-fed the baby
10. ***SENT18*** Bert changed the oil

**Post- INTERACTION**

**Multiple Affective Adjective Checklist : Time 2**

Instructions: Circle the number following each adjective that best reflects how you are feeling. Circling a '1' indicates that you are not feeling at all like the adjective implies. Circling a '5' indicates that you feel the adjective describes your emotional state very closely.

1. ***CALM2*** Calm not at all 1-----------2-----------3-----------4-----------5 very much

2. ***DISCOUR2*** Discouraged not at all 1-----------2-----------3-----------4-----------5 very much

3. ***SECURE2*** Secure not at all 1-----------2-----------3-----------4-----------5 very much

4. ***IRRITAT2*** Irritated not at all 1-----------2-----------3-----------4-----------5 very much

5. ***NERVOUS2*** Nervous not at all 1-----------2-----------3-----------4-----------5 very much

6. ***FINE2*** Fine not at all 1-----------2-----------3-----------4-----------5 very much

7. ***BLUE2*** Blue not at all 1-----------2-----------3-----------4-----------5 very much

8. ***EASY-GO2*** Easy-going not at all 1-----------2-----------3-----------4-----------5 very much

9. ***CONFIDE2*** Confident not at all 1-----------2-----------3-----------4-----------5 very much

10.***APPREHE2*** Apprehensivenot at all 1-----------2-----------3-----------4-----------5 very much

11.***AGREEAB2*** Agreeable not at all 1-----------2-----------3-----------4-----------5 very much

12. ***WORRY-F2*** Worry-free not at all 1-----------2-----------3-----------4-----------5 very much

13. ***ANGRY2*** Angry not at all 1-----------2-----------3-----------4-----------5 very much

14. ***ACTIVE2*** Active not at all 1-----------2-----------3-----------4-----------5 very much

15. ***DEPRESS2*** Depressed not at all 1-----------2-----------3-----------4-----------5 very much

16. ***HAPPY2*** Happy not at all 1-----------2-----------3-----------4-----------5 very much

17. ***SATISFI2***Satisfied not at all 1-----------2-----------3-----------4-----------5 very much

18. ***GUILTY2*** Guilty not at all 1-----------2-----------3-----------4-----------5 very much

19. ***HOLSTILE2*** Hostile not at all 1-----------2-----------3-----------4-----------5 very much

20. ***FRUSTRA2*** Frustrated not at all 1-----------2-----------3-----------4-----------5 very much

21. ***ALERT2*** Alert

22. ***DETERMIN2*** Determined

23. ***ENTHUS2*** Enthusiastic

24. ***EXCIT2*** Excited

25. ***PROUD2*** Proud

26. ***STRONG2*** Strong

**Objectification in Interaction Scale**

1 2 3 4 5 6 7

I did not think I thought about

about this at all. this frequently.

Instructions: During the interaction, how often did you think about *your interaction partner’s*:

1. ***OAPPEAR***… appearance
2. ***OBODY*** … body
3. ***OPERSONALITY***… personality
4. ***OHUMOR***… sense of humor
5. ***OBODYPARTS***… specific body parts
6. ***OSEXUALITY***… sexuality
7. ***OFRIENDS***… friends and family
8. ***OGOALS***… career goals
9. ***OGETALONG***… likelihood of getting along with your friends
10. ***OCLOTHING***… clothing
11. ***OACADEMICS***… academic interests
12. ***OEXTRACURRICULARS***… extracurricular interests

Instructions: During the interaction, how often do you think *your interaction partner thought of your:*

1. ***MAPPEAR***… appearance
2. ***MBODY***… body
3. ***MPERSONALITY***… personality
4. ***MHUMOR***… sense of humor
5. ***MBODYPARTS***… specific body parts
6. ***MSEXUALITY***… sexuality
7. ***MFRIENDS***… friends and family
8. ***MGOALS***… career goals
9. ***MGETALONG***… likelihood of getting along with your friends
10. ***MCLOTHING***… clothing
11. ***MACADEMICS***… academic interests
12. ***MEXTRACURRICULARS***… extracurricular interests

Instructions: During the interaction, how often did you think about *your own*:

1. ***SAPPEAR***… appearance
2. ***SBODY***… body
3. ***SPERSONALITY***… personality
4. ***SHUMOR***… sense of humor
5. ***SBODYPARTS***… specific body parts
6. ***SSEXUALITY***… sexuality
7. ***SFRIENDS***… friends and family
8. ***SGOALS***… career goals
9. ***SGETALONG***… likelihood of getting along with your friends
10. ***SCLOTHING***… clothing
11. ***SACADEMICS***… academic interests
12. ***SEXTRACURRICULARS***… extracurricular interests

**Comfort within Interaction Scale (All questions will be answered on a 1-7 scale)**

**COMFORT HAPPY\_A FRIENDLY WARM EASYGO\_A SINCERE AUTHENTIC PRTAUTHENTIC**

1. Instructions: Please rate the extent to which you felt *the interaction was*:
   1. *COMFORT*… comfortable
   2. ***ANXIOUS***… anxious
   3. ***HAPPY***… happy
   4. ***UNCOMFORT***… uncomfortable
   5. *FRIENDLY*… friendly
   6. *WARM*…warm
   7. ***EASYGO***…easy going
   8. ***HOSTILE***…hostile
   9. ***SINCERE***… sincere
   10. ***AUTHENTIC***...authentic
   11. ***APPREHEN***…apprehensive
   12. ***COOPERATIVE***...cooperative
   13. ***AGGRESIVE***... aggressive
2. ***ATTRACT2PRT*** How attracted were you to your interaction partner?
3. ***PRTATTRACT2YOU***How attracted was your interaction partner to you?
4. ***TALKAMOUNT*** How much did you talk during the interaction?
5. ***PRTTALKAMOUNT*** How much did your partner talk during the interaction?
6. ***SPOKEMORE*** Who spoke more, you or your partner?
7. ***SPOKENOUGH*** Did you speak as much as you wanted to during the interaction?
8. ***AUTHENTICITY*** Were you authentic during your interaction?
9. ***PRTAUTHENTIC*** Do you think your partner was authentic during your interaction?
10. ***DIFFPRT*** Would you have preferred a different interaction partner?
11. ***MOREPOWER*** Who had more power in the interaction, you or your partner?
12. ***MOREINFLUENCE*** Who had more influence over the interaction, you or your partner?
13. ***LIKEPRT*** How much did you like your partner?
14. ***DATEPRT*** Would you date your partner?
15. ***FRIENDSPRT*** Would you be friends with your partner?
16. ***HOWFRIENDLY*** How friendly was your partner?
17. ***HOWFUNNY***  How funny was your partner?
18. ***HOWBODY***  How much did you feel like a body versus a full self?

**Social Physique Anxiety**

The following questionnaire contains statements concerning your body physique or figure. By physique or figure we mean your body’s form and structure; specifically, body fat, muscular tone, and general body proportions.

Instructions: Read each item carefully and indicate how characteristic it is of you according to the following scale.

1 = Not at all characteristic of me

2 = Slightly characteristic of me

3 = Moderately characteristic of me

4 = Very characteristic of me

5 = Extremely characteristic of me

***PHYSANX1*** I wish I wasn’t so up-tight about my physique/figure during the interaction.

***PHYSANX2*** There were times during the interaction when I was bothered by thoughts that my interaction partner was evaluating my weight or muscular development negatively.

***PHYSANX3*** Unattractive features of my physique or figure made me nervous in the interaction.

***PHYSANX4*** In the presence of my interaction partner, I felt apprehensive about my physique/figure.

***PHYSANX5*** I am comfortable with how my body appeared to my interaction partner.

***PHYSANX6*** It would make me uncomfortable to know that my interaction partner was evaluating my physique/figure.

**Relationship Agency**

Instructions: How likely is it that you would do the following things?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Not at all likely |  |  |  |  |  | Extremely Likely |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

1. ***RELAG1*** Ask someone out on a date.
2. ***~~RELAG2~~*** ~~Open the door for your date.~~
3. ***~~RELAG3~~*** ~~Pay for a date.~~
4. ***RELAG4*** How willing are you to discuss marriage with your (primary) partner.
5. ***RELAG5*** Initiate sex with your girlfriend/boyfriend.
6. ***RELAG6*** Initiate condom use during sex.
7. ***RELAG7*** Surprise your boyfriend/girlfriend with a gift.
8. ***How likely are you to apologize after a fight***
9. ***To expect your partner to apologize***
10. ***RELAG8*** willing to initiate a discussion with you partner about moving in together.
11. ***RELAG9*** Say no to sex when you actually wanted to have sex.
12. Be honest about wanting to have sex
13. Be able to say no to sex when you don’t want it
14. [items about stopping sex during]
15. ***[items about family and friends approval]***
16. **[items about starting a family]**
17. **[combining finances? Items about paying and money]**

**Remote Associates Task**

The following task is a measure of reasoning ability. In this task, you will be presented with three words which create a "trigram." Your task is to generate a fourth word that completes, or associates, each of the three "trigram" words.

For example, the trigram of BASKET : ROOM : BASE is solved by the word "ball," as in BASKETBALL : BALLROOM : BASEBALL.

You will have 30 seconds to solve each trigram.

***RAT1E*** Trigram #1: QUACK : POND: WADDLE T1 DUCK (Easy)

***RAT2E*** Trigram #2: ATHLETES : WEB : RABBIT T2 FOOT (Easy)

***RAT3E*** Trigram #3: HONEY : SWARM : STING T3 BEE (Easy)

***RAT4E*** Trigram #4: MATCHES : SMOKE : BUSH T4 FIRE (Easy)

***RAT10E*** Trigram #5: CHOCOLATE : FORTUNE : TIN T10 COOKIE (Easy)

***RAT11E*** Trigram #6: CURIOSITY : NAP : WHISKERS T11 CAT (Easy)

***RAT16E*** Trigram #7: STALK : TRAINER : KING T16 LION (Easy)

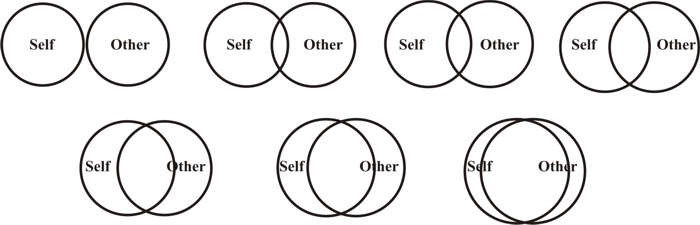
***RAT18E*** Trigram #8: SURPRISE : LINE : BIRTHDAY T18 PARTY (Easy)

***RAT19E*** Trigram #9: RED : GO : CAR T19 STOP (Easy)

***RAT20E*** Trigram #10: MOUSE : SHARP : BLUE T20 CHEESE (Easy)

**Inclusion of Other in Self**

Instructions: ***SELF-OTHER*** Please indicate the picture that best represents your relationship with your interaction partner.

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**Career Aspirations Scale**

In the space next to the statement below, please circle a number from “0” (not at all true of me) to “4” (very true of me). If the statement does not apply, circle “0”. Please be completely honest. Your answers are entirely confidential and will be used only if they accurately describe you.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Not at All True of Me | Slightly True of Me | Moderately True of Me | Quite a Bit True of Me | Very True of Me |
| 0 | 1 | 2 | 3 | 4 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1. ***CARASP1*** I hope to become a leader in my career field | 0 | 1 | 2 | 3 | 4 |
| 2. ***CARASP2*** When I am established in my career I would like to manage other employees. | 0 | 1 | 2 | 3 | 4 |
| 3. ***CARASP3*** I would be satisfied doing my job in a career I am interested in. | 0 | 1 | 2 | 3 | 4 |
| 4. ***CARASP4*** I do not plan on devoting energy to getting promoted in the organization or business I am working in. | 0 | 1 | 2 | 3 | 4 |
| 5. ***CARASP5*** When I am established in my career, I would like to train others. | 0 | 1 | 2 | 3 | 4 |
| 1. ***CARASP6*** I hope to move up through any organization or business I work in. | 0 | 1 | 2 | 3 | 4 |
| 7. ***CARASP7*** Once I finish the basic level of education needed for a particular job, I see no need to continue school. | 0 | 1 | 2 | 3 | 4 |
| 8. ***CARASP8*** I plan on developing as an expert in my career field. | 0 | 1 | 2 | 3 | 4 |
| 1. ***CARASP9*** I think I would like to pursue graduate training in my occupational area of interest | 0 | 1 | 2 | 3 | 4 |
| 1. ***CARASP10*** Attaining leadership status in my career is not that important to me. | 0 | 1 | 2 | 3 | 4 |

**Self-Objectification Questionnaire**

Instructions: We are interested in how people think about their bodies. The questions below identify 10 different body attributes. We would like you to rank order these body attributes from that which has the *greatest impact* on your physical self-concept (rank this a “9”), to that which has the *least impact* on your physical self-concept (rank this a “0”).

Note: It does not matter *how* you describe yourself in terms of each attribute. For example, fitness level can have a great impact on your physical self-concept regardless of whether you consider yourself to be physically fit, not physically fit, or any level in between.

Please first consider all attributes simultaneously, and record your rank ordering by writing the ranks in the rightmost column.

IMPORTANT: *Do Not Assign The Same Rank To More Than One Attribute!*

9 = greatest impact

8 = next greatest impact

:

1 = next to least impact

0 = least impact

When considering your *physical self-concept…*

1. ***TSO\_01*** … what rank do you assign to *physical coordination?*  \_\_\_\_\_\_

2. ***TSO\_02*** … what rank do you assign to *health?*  \_\_\_\_\_\_

3. ***TSO\_03*** … what rank do you assign to *weight?* \_\_\_\_\_\_

4. ***TSO\_04*** … what rank do you assign to *strength?*  \_\_\_\_\_\_

5. ***TSO\_05*** … what rank do you assign to *sex appeal?* \_\_\_\_\_\_

6. ***TSO\_06*** … what rank do you assign to *physical attractiveness?* \_\_\_\_\_\_

7. ***TSO\_07*** … what rank do you assign to *energy level (e.g., stamina)?* \_\_\_\_\_\_

8. ***TSO\_08*** … what rank do you assign to *firm/sculpted muscles?* \_\_\_\_\_\_

9. ***TSO\_09*** … what rank do you assign to *physical fitness level?* \_\_\_\_\_\_

10. ***TSO\_10*** … what rank do you assign to *measurements (e.g., chest, waist, hips)?* \_\_\_\_\_\_

**OBCS**

Instructions: Please rate the following statements on a scale from 1(strongly disagree) to 7(strongly agree), by choosing the number next to the statement.

\_\_\_1. ***OBCS1*** I rarely think about how I look.

\_\_\_2. ***OBCS2*** I think it is more important that my clothes are comfortable than whether they look good on me.

\_\_\_3. ***OBCS3*** I think more about how my body feels than how my body looks.

\_\_\_4. ***OBCS4*** I rarely compare how I look with how other people look.

\_\_\_5. ***OBCS5*** During the day, I think about how I look many times.

\_\_\_6. ***OBCS6*** I often worry about whether the clothes I am wearing make me look good.

\_\_\_7. ***OBCS7*** I rarely worry about how I look to other people.

\_\_\_8. ***OBCS8*** I am more concerned with what my body can do than how it looks.

\_\_\_9. ***OBCS9*** When I can’t control my weight, I feel like something must be wrong with me.

\_\_\_10. ***OBCS10*** I feel ashamed of myself when I haven’t made the effort to look my best.

\_\_\_11. ***OBCS11*** I feel like I must be a bad person when I don’t look as good as I could.

\_\_\_12. ***OBCS12*** I would be ashamed for people to know what I really weigh.

\_\_\_13. ***OBCS13*** I never worry that something is wrong with me when I am not exercising as much as I should.

\_\_\_14. ***OBCS14*** When I’m not exercising enough, I question whether I am a good enough person.

\_\_\_15. ***OBCS15*** Even when I can’t control my weight, I think I’m an okay person.

\_\_\_16. ***OBCS16*** When I’m not the size I think I should be, I feel ashamed.

\_\_\_17. ***OBCS17*** I think a person is pretty much stuck with the looks they are born with.

\_\_\_18. ***OBCS18*** A large part of being in shape is having that kind of body in the first place.

\_\_\_19. ***OBCS19*** I think a person can look pretty much how they want to if they are willing to work at it.

\_\_\_20. ***OBCS20*** I really don’t think I have much control over how my body looks.

\_\_\_21. ***OBCS21*** I think a person’s weight is mostly determined by the genes they are born with.

\_\_\_22. ***OBCS22*** It doesn’t matter how hard I try to change my weight, it’s probably always going to be about the same.

\_\_\_23. ***OBCS23*** I can weigh what I’m supposed to when I try hard enough.

\_\_\_24. ***OBCS24*** The shape you are in depends mostly on your genes.

**Interpersonal Sexual Objectification Scale**

**For women:**

Factor 1: Body Evaluation

1. ***BEVAL1*** How often have you been whistled at while walking down a street?
2. ***BEVAL2*** How often have you noticed someone staring at your breasts while talking to them?
3. ***BEVAL3*** How often have you felt like or known that someone was evaluating your physical appearance?

5.  ***BEVAL4*** How often have you felt that someone was staring at your body?

8. ***UESA5*** How often have you noticed someone leering at your body?

9. ***BEVAL5*** How often have you heard a rude, sexual remark made about your body?

13. ***BEVAL6*** How often have you been honked at when you were walking down the street?

14. ***BEVAL7*** How often have you seen someone stare at one or more of your body parts?

15. ***BEVAL8*** How often have you overheard inappropriate sexual comments made about your body?

18. ***BEVAL9*** How often have you noticed that someone was not listening to what you were saying, but instead gazing at your body or a body part?

19. ***BEVAL10*** How often have you heard someone make sexual comments or innuendos when noticing your body?

Factor 2: Unwanted Explicit Sexual Advances

11. ***UESA1*** How often have you been touched or fondled against your will?

12. ***UESA2*** How often have you experienced sexual harassment (on the job, in school, etc)?

20. ***UESA3*** How often has someone grabbed or pinched one of your private body areas against your will?

21. ***UESA4*** How often has someone made a degrading sexual gesture towards you?

**For men:**

Factor 1: Body Evaluation

1. ***BEVAL1*** How often have you whistled at someone walking down a street?
2. ***BEVAL2*** How often have you stared at someone’s breasts while talking to them?
3. ***BEVAL3*** How often have you felt like or known that you were evaluating someone’s physical appearance?

5. ***BEVAL4*** How often have you felt yourself staring at someone’s body?

8. ***UESA5*** How often have you noticed yourself leering at someone’s body?

9. ***BEVAL5*** How often have you made a rude, sexual remark about someone’s body?

13. ***BEVAL6*** How often have you honked at someone when they were walking down the street?

14. ***BEVAL7*** How often have you stared at one or more of someone’s body parts?

15. ***BEVAL8*** How often have you made inappropriate sexual comments about someone’s body?

18. ***BEVAL9*** How often have you noticed that you were not listening to what someone was saying, but instead were gazing at their body or a body part?

19. ***BEVAL10*** How often have you made sexual comments or innuendos when noticing someone’s body?

Factor 2: Unwanted Explicit Sexual Advances

11. ***UESA1*** How often have you touched or fondled someone against their will?

12. ***UESA2*** How often have you sexually harassed someone (on the job, in school, etc)?

20. ***UESA3*** How often have you grabbed or pinched one of someone’s private body areas against their will?

21. ***UESA4*** How often have you made a degrading sexual gesture towards someone?

**Ambivalent Sexism Inventory**

Instructions: Below is a series of statements concerning men and women and their relationships in contemporary society. Please indicate the degree to which you agree or disagree with each statement using the following scale: 0 = disagree strongly; 1 = disagree somewhat; 2 = disagree slightly; 3 = agree slightly; 4 = agree somewhat; 5 = agree strongly.

1. ***WOMANSLOVE*** No matter how accomplished his is, a man is not truly complete as a person unless he has the love of a woman.
2. ***FAVORS*** Many women are actually seeking special favors, such as hiring policies that favor them over men, under the guise of asking for “equality.”
3. ***DISASTER*** In a disaster, women ought not necessarily to be rescued before men.
4. ***REMARKS*** Most women interpret innocent remarks or acts as being sexist.
5. ***OFFENDED*** Women are too easily offended.
6. ***HAPPYLIFE*** People are often truly happy in life without being romantically involved with a member of the other sex.
7. ***MOPOWER*** Feminists are not seeking for women to have more power than men.
8. ***PURITY*** Many women have a quality of purity that few men possess.
9. ***CHERISHED*** Women should be cherished and protected by men.
10. ***APPRECIATE*** Most women fail to appreciate fully all that men do for them.
11. ***CONTROL*** Women seek to gain power by getting control over men.
12. ***ADORES*** Every man ought to have a woman whom he adores.
13. ***COMPLETE*** Men are complete without women.
14. ***WORKPROB*** Women exaggerate problems they have at work.
15. ***LEASH*** Once a woman gets a man to commit to her, she usually tries to put him on a tight leash.
16. ***COMPETITION*** When women lose to men in a fair competition, they typically complain about being discriminated against.
17. ***PEDESTAL*** A good woman should be set on a pedestal by her man.
18. ***TEASING*** There are actually very few women who get a kick out of teasing men by seeming sexually available and then refusing male advances.
19. ***MORALITY*** Women, compared to men, tend to have a superior moral sensibility.
20. ***PROVIDER*** Men should be willing to sacrifice their own well being in order to provide financially for the women in their lives.
21. ***FEMINISTS*** Feminists are making entirely reasonable demands of men.
22. ***CULTURE*** Women, as compared to men, tend to have a more refined sense of culture and good taste.

**SSE**

This is a questionnaire designed to measure what you are thinking at this

moment. There is, of course, no right answer for any statement. The best answer

is what you feel is true of yourself at the moment. Be sure to answer all of

the items, even if you are not certain of the best answer. Again, answer these

questions as they are true for you RIGHT NOW.

Answer each item by indicating the extent to which you agree on a scale from not at all (1) to extremely (5)

1. ***SSE1*** I expected to do well in this experiment.

2. ***SSE2*** I feel confident about my abilities.

3. ***SSE3*** I am worried about whether I am regarded as a success or failure.

4. ***SSE4*** I feel satisfied with the way my body looks right now.

5. ***SSE5*** I feel frustrated or rattled about my participation.

6. ***SSE6*** I feel that I am having trouble understanding things that I read.

7. ***SSE7*** I feel that others respect and admire me.

8. ***SSE8*** I am dissatisfied with my weight.

9. ***SSE9*** I feel self-conscious.

10. ***SSE10*** I feel as smart as others.

11. ***SSE11*** I feel displeased with myself.

12. ***SSE12*** I feel good about myself.

13. ***SSE13*** I am pleased with my appearance right now.

14. ***SSE14*** I am worried about what other people think of me.

15. ***SSE15*** I feel confident that I understand things.

16. ***SSE16*** I feel inferior to others at this moment.

17. ***SSE17*** I feel unattractive.

18. ***SSE18*** I feel concerned about the impression I am making.

19. ***SSE19*** I feel that I have less scholastic ability right now than others.

20. ***SSE20*** I feel like I'm doing well.

21. ***SSE21*** I am worried about looking foolish.

**Demographics**

Instructions: Please answer the following questions.

1. ***AGE*** How old are you?
2. ***CLASS*** What is your class standing?
3. ***GENDER*** What is your gender?
4. ***ETHNICITY*** What is your race/ethnicity?
   1. ***Specific categories***
5. ***MAJOR*** What is your major?